Local man dies — and is brought back to life

Sometimes seconds matter

Med Evac's new fleet of three Airbus H125 choppers based in Boulder, Greeley, and Akron shaves minutes off transport times and saves lives. See story page 2.

Para-athlete brings lesson of resilience to Jamestown

Kirk C. Watkins
Jamestown

On December 11, 2019, Jamestown Elementary students and parents were fortunate to be given the opportunity to attend a presentation from Chris Waddell. Chris founded and was representing the One Revolution Nametags Educational Program, which uses the motto “It’s not what happens to you. It’s what you do with what happens to you,” to help students learn resilience. Their aim is to give the students tools to use in their own lives to handle difficult situations that life brings to them.

From his website, http://one-revolution.org/about/about-chris/, “Chris was a ski racer at Middlebury College where he fell in a ski accident that left him paralyzed from the waist down. All those hours exploring the great outdoors made me more resilient and confident.”

~David Suzuki
When local resident Mark Beshore decided to go snowmobiling near Nederland last year, it was a typical day like many others he’d spent recreating in the mountains. After his machine became stuck in a snowdrift, he tried to dig it out, but to no avail. Overexerted, Mark made the long hike to Kayla Evans and Maryanne Flynn’s cabin at Arapaho Ranch, suffered cardiac arrest, and dropped dead on the floor. Horrified and shaken but somehow keeping her cool, Maryanne immediately called 911 and began administrating CPR via the instructions from the operator. Within five minutes paramedic Ryan Roberts and EMT Iain Irwin-Powell of Nederland Fire arrived on scene to an unresponsive victim. Shocked with a defibrillator multiple times, a faint pulse was detected and Mark was given oxygen and intravenous paramedic drugs. Med Evac was called in and twenty minutes later, Mark was loaded into the helicopter and whisked to Boulder Community Hospital for emergency surgery. Receiving a stent in his right coronary artery, he was fully recovered four days later, suffering no neurological damage. Mark is alive today and healthy due to the actions of Maryanne Flynn and lightning-quick response by medical professionals.

On January 25, 2020, exactly one year after that fateful day, a very Local man dies—and is brought back to life
Local man brought back to life

A lucky man
Mark Beshore celebrates with a cold beer and a smile on the one year anniversary of being given a new lease on life.

Continued from page 2

grateful Mark Beshore and the people involved in saving him, gathered at Arapaho Ranch. A 3.5 million dollar Airbus H125 chopper touched down as it had 365 days before and its hero occupants were greeted with heartfelt hugs. A convivial celebration of Mark’s life and all those who made it possible followed.